

VUE ENTERTAINMENT FOOD NUTRITIONAL INFORMATION

	Portion/ Pack Size	Energy/ Kilojoules (kJ)	Energy/ Calories (kcal)	Protein (g)	Carbohydrate (g)	of which sugars (g)	Fat (g)	of which saturates (g)	Fibre (g)	Sodium (mg)	Salt equivalent (g)
POPCORN											
Sweet Popcorn											
	Kids/Snackit	1012	242	2.9	34	17	11	0.9	0	0	0
	Junior	2834	678	8.1	95.2	47.6	30.8	2.5	0	0	0
	Regular	4048	968	11.6	136	68	44	3.6	0	0	0
	Large	5060	1210	14.5	170	85	55	4.5	0	0	0
Salted Popcorn											
	Kids/Snackit	1006	241	4.5	26.5	0.4	12	0.9	0	0	0.8
	Junior	2817	674	13.5	79.5	1.1	36	2.7	0	0	2.4
	Regular	4024	962	17.8	106	1.4	48	3.6	0	0	3.2
	Large	5030	1202.5	22.25	132.5	1.75	60	4.5	0	0	4
Salted Popcorn (Dublin)											
	Kids/Snackit	953	228.5	5.4	24.1	0.2	10.3	0.9	9.2	0	0.5
	Junior	2668.6	639.8	15	67.5	0.4	28.7	2.6	25.6	0	1.3
	Regular	3812	914	21.4	96.4	0.6	41	3.7	36.6	0	1.9
	Large	4765	1142.5	26.8	120.5	0.8	51.3	4.7	45.8	0	2.4

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POPCORN - CLEVELEYS, CWMBRAN, DONCASTER, FINCHLEY ROAD, INVERNESS & READING											
Sweet Popcorn											
	Kids/Snackit	1012	242	2.9	34	17	11	0.9	0	0	0
	Regular	2834	678	8.1	95.2	47.6	30.8	2.5	0	0	0
	Large	4048	968	11.6	136	68	44	3.6	0	0	0
Salted Popcorn											
	Kids/Snackit	1006	241	4.5	26.5	0.4	12	0.9	0	0	0.8
	Regular	2817	674	13.5	79.5	1.1	36	2.7	0	0	2.4
	Large	4024	962	17.8	106	1.4	48	3.6	0	0	3.2
POPCORN TOPPINGS											
M&M Chocolate Popcorn Topping	60g	1209.6	288	3.1	42	39.6	11.4	7.2	0	0	0.1
Wotsits Crunchy - Really Cheesy	35g	806.4	193.2	1.8	19.6	2	11.9	1.7	0.3	0	0.5
Wotsits Crunchy - Flamin'Hot	35g	798	191.1	1.9	19.6	1.2	11.6	1.5	0.4	0	0.5

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HOT DOGS											
Pork Frankfurter	Large	1401	335	15.6	7.3	1.4	27	9.9	0g	864	2.2
	Regular	883	211	9.9	4.6	0.9	17	6.2	0g	544	1.4
Bread Roll	Regular	844	202	6.8	36.4	4	2.7	0.9	2.7g	236	0.6
HOT DOG COMBINATIONS											
The Yankee	Regular	2173	520	18	51	7.8	27	10.2	3.4	840	2.2
	Large	2691	644	23.6	58.7	8.3	37	13.9	3.4	1160	3
The Brooklyn	Regular	2303	552	18.6	52.2	9.5	30	10.4	3.4	780	2.4
	Large	2732	676	23.8	9	9.96	40	14.1	3.4	1100	3.2
Nacho Libre	Regular	1877	449	17.1	46.3	6.5	20.8	7.2	3	813	3
	Large	2395	573	22.9	49	7	30.8	10.9	3	1133g	3.9
West Side Sizzler	Regular	2218	530	18	53.7	10.6	26.5	10.1	3.4	840	2.2
	Large	2736	654	23.7	56.4	11.1	36.5	13.8	3.4	1160	3
Harlem Hot	Regular	2227	533	17.7	49	6.75	29	10.3	3.4	840	2.2
	Large	2745	657	23.4	56.7	7.25	39	14g	3.4	1160	3
NACHOS											
Lightly Salted Doritos	Regular	1227	293.4	3.72	36.72	0.72	13.8	1.68	3.78	0	0.432
	Large	2250	537.9	6.82	67.32	1.32	25.3	3.08	6.93	0	0.792
Chilli Heatwave Doritos	Regular	1210	297	3.8	34.4	3.5	15.2	1.2	4.1	810	2.1
	Large	2278	545	7	63.1	6.4	27.9	2.2	7.4	1485	3.77
Tangy Extra Flamin Hot Doritos	Regular	1204.8	288	3.84	36	1.992	13.2	1.14	3.42	216	0.54
	Large	2208.8	528	7.04	66	3.652	24.2	2.09	6.27	396	0.99
Tangy Cheese Doritos	Regular	1253	300	4.1	33.3	1.6	15.8	1.5	4.1	762	1.94
	Large	2297	549	7.5	61	2.9	29	2.7	7.4	1397	3.56
NACHO TOPPINGS											
Hombre Salsa	100g	540	129	1.6	8.1	1.6	9.7	1.6	0	0	1.4
Cheese Sauce	100g	322	77	1.1	14	10	0.4	0.6	0	0	2.5
Jalapeno Peppers	100g	63	15	0	3	0	0	0	0	0	3.8
Hombre Salsa-Dip Portion Pack (Ireland)	100g	322	77	1.1	14	10	0.4	0.06	0	0	2.5

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NACHO TOPPINGS (CONT.)											
Hombre Salsa Dip (Swindon)	100g	322	77	1.1	14	10	0.4	0.06	0	-	2.5
Cheese Dip (Swindon)	100g	775	186	2.8	12	0.5	14	3.3	0	-	1.8
PRE-PACKED											
Candy Floss (Dublin)	70g	703.5	168	0	70	70	0	0	0	0	0
	25g	251.3	60	0	25	25	0	0	0	0	0
Doritos Cool Original	100g	2084	498	5.9	58.1	2.7	25.5	1.8	5.6	592	1.5
	180g	3126	747	8.9	87.2	4.1	38.3	2.7	8.4	888	2.2
Doritos Chilli Heatwave	100g	2071	495	6.3	57.3	5.8	25.3	2	6.7	1350	3.43
Doritos BBQ	100g	2004	479	6.4	60	4.3	22	1.9	5.8	340	0.9
Doritos Tangy Cheese	100g	2088	499	6.8g	55.4	2.6	26.3	2.4	6.7	1270	3.23
Doritos Zingy Vinegar	100g	1996	477	5.8	60	2	22	2.1	5.4	340	0.9
Jacobs Sea salt and Vinegar Cracker Crisps	100g	1966	470	5.2	67	7.5	19.3	4.8	2.4	0.7	1.8
	150g	2949	705	7.8	101	11.3	29	7.2	3.6	1.1	3.2
Jacobs Sour Cream and Chive Cracker Crisps	100g	1966	470	5.7	66.4	6.8	19.6	5	2.5	0.7	1.8
	150g	2949	705	8.6	99.6	10.2	29.4	7.5	3.8	1.1	2.7
Joe and Sephs Caramel and Belgian Choc	100g	2003	480	3.8	62	39	27	16	3.8	0	0.5
	80g	1602	384	3	49.6	31.2	21.6	12.8	3	0	0.4
Joe and Sephs Cheddar Popcorn	70g	1877	453	10.3	18.3	0.1	37.6	7	0	0	0.9
Joe and Sephs Dark Choc Pop Bites	100g	2148	514	4.8	51	44	31	19	7.4	0	0.8
	63g	1353	324	3	32.1	27.7	19.5	12	4.7	0	0.5
Joe & Sephs Eton Mess	100g	2102	505	4.1	50.9	27.6	32.8	20.1	3.5	-	0.5
	70g	1471.4	353.5	2.9	35.6	19.3	23	14.1	2.5	-	0.4
Joe and Sephs Fantastic Gourmet Popcorn Mix	100g	2013	482	3.4	59.6	39.5	28	15.4	3	0	1.3
Joe and Sephs Milk Choc Popcorn Bites	100g	2208	528	6	54	48	32	19	3.3	0	0.8
	63g	1391	333	3.8	34	30.2	20.2	12	2.1	0	0.5

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PRE-PACKED (CONT.)											
Joe and Sephs Orange Marmalade Gourmet	100g	1805	433	3.5	62.3	41.5	20	12.1	0	0	0.4
	70g	1263.5	303.1	2.5	43.6	29.1	14	8.5	0	0	0.3
Joe and Sephs Salted Caramel Pop	100g	2016	481	3.3	65.2	40.3	22.1	14.4	0	0	1.4
	80g	1613	385	2.6	52.2	32.2	17.7	11.5	0	0	1.1
Joe & Sephs Strawberry & Cream	100g	1958	470	3.4	57.7	34.7	27.1	16.5	3.7	-	0.6
	70g	1370.6	329	2.4	40.4	24.3	19	11.6	2.6	0	0.4
Joe and Sephs White Chocolate & Caramel	100g	2048	492	4.4	58	35	29	18	3.6	-	0.5
	75g	1536	369	3.3	43.5	26.3	21.8	13.5	2.7	0	0.4
Keogh's Irish Sea Salt & Irish Cider Vinegar Crisps	100g	2147	513	4.3	56.8	2.3	26.5	2.3	1.1	0	3
	125g	2683.8	641.3	5.4	71	2.9	33.1	2.9	1.4	0	3.7
Keogh's Mature Irish Cheese & Onion Crisps	100g	2182	523	7.3	50.1	2.1	26.5	2.7	4.5	0	1
	125g	2727.5	653.8	9.1	62.6	2.6	33.1	3.4	5.6	0	1.2
Ollys Pretzel Thins Sweet Chilli	100g	347	1452	10	64.4	4.5	8.5	1.2	5.5	800	2
Ollys Olives Chilli & Rosemary	100g	136	569	1.3	1.3	0.5	14.6	2.4	3.1	1240	3.1
Ollys Olives Basil & Garlic	100g	136	569	1.3	1.3	0.5	14.6	2.4	3.1	1240	3.1
Ollys Pretzel Thins - Sour cream & Onion	100g	339	1418	10	63.4	2.6	8.2	0.9	4.4	680	1.7
Ollys Pretzel Thins - Salted	100g	344	1439	11.1	71	1.6	5.2	0.8	3.5	600	1.5
Popworks - Sweet & Salty	100g	1956	456	6.8	74.8	10.3	15.1	1.3	1.3	0	1
	85g	1662.6	387	5.8	63.6	8.8	12.8	1.1	1.1	0	0.9
Sensations Chicken & Thyme	100g	2070	495	5.9	59.5	3.3	25	2.2	4.1	0.7	1.7
	175g	3622.5	866	10.3	104.1	5.8	43.8	3.9	7.2	1.2	2.9
Sensations Honey & Salt Roasted Peanuts	100g	561	2348	5.7	31	25	40	5.8	5	-	1.4
Sensations Thai Sweet Chilli	100g	2109	504	5.8	58.9	3.7	26.3	2.2	4	1.5	4
	150g	3164	756	8.7	89	5.6	40	3.3	6	2.3	6
Sensations Thai Sweet Chilli Peanuts	100g	526	2191	13	43	7.6	32	3.5	4.5	-	1.6

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PRE-PACKED (CONT.)											
Sensations Poppadoms	100g	2038	487	6.4	58.2	2.6	25	2.5	2	0	0
	82.5g	1682	402	5.3	48	2.1	20.7	2	1.7	0	0
Walkers Max Strong Chicken Wings	100g	2226	532	6.3	51	3.2	33	2.7	3	0.5	1.4
	150g	3339	798	9.5	76.5	4.8	49.5	4.1	4.5	0.8	2.1
Walkers Max Extra Flamin Hot	100g	2125	508	6.9	52	2	29	2.3	4.3	268	0.7
	130g	2762.5	660.4	9	67.6	2.6	37.7	3	5.6	348.4	0.9
Walkers Monster Munch Pickled Onion	100g	2059	492	6	60	3	25	2.1	1.7	620	1.6
	40g	823.6	196.8	2.4	24	1.2	10	0.8	0.7	248	0.6
Walkers Wotsits Giants Flamin Hot Crisps	100g	2225	533	5.7	57.4	3.7	31	2.5	1.7	0	1.7
	130g	2892.5	692.9	7.4	74.6	4.8	40.3	3.3	2.2	0	2.2
Walkers Wotsits Giants Really Cheesy Crisps	100g	2059	494	5.4	46	7.2	32	2.9	0.2	0	1.6
	130g	2676.7	642.2	7	59.8	9.4	41.6	3.8	0.3	0	2.1
Wotsits Crunchy - Really Cheesy	100g	2304	552	5.1	56	5.8	34	4.8	0.9	0	1.3
	140g	3225.6	772.8	7.1	78.4	8.1	47.6	6.7	1.3	0	1.8
Wotsits Crunchy - Extra Flamin Hot	100g	1992	476	6.2	68	3.7	19	3.7	2.6	440	1.1
	130g	2589.6	618.8	8.1	88.4	4.8	24.7	4.8	3.4	572	1.4
Wotsits Crunchy - Flamin Hot	100g	2280	546	5.3	56	3.3	33	4.2	1	0	1.5
	140g	3192	764.4	7.4	78.4	4.6	46.2	5.9	1.4	0	2.1
Giant Wotsits Prawn Cocktail	100g	2083	497	5.6	64.7	3.4	23.6	1.8	1.7	0	1.5
	105g	2187.2	521.9	5.9	67.9	3.6	24.8	1.9	1.8	0	1.5
Walkers Max Strong Jalapeno & Cheese	100g	507	2116	6.8	52	2.2	8.8	0.7	4.4	-	1.2
Walkers Max Spicy Prawn Cocktail	100g	506	2112	6.7	52	2.8	8.8	0.7	4.2	-	0.6

PROTEIN BARS

McVities Chocolate HobNob Bar	100g	455.0	1909.0	5.9	62.7	36.1	19.2	8.2	4.3	192.0	0.5
McVities Gold Bullion Bar	100g	547.0	2283.0	7.4	56.6	51.6	17.7	7.4	1.2	152.0	0.4

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PROTEIN BARS (CONT.)											
McVities Jaffa Cake Bar	100g	396.0	1661.0	3.2	63.0	47.0	14.5	7.5	2.3	180.0	0.5
Misfits Cookie Dough Bar	100g	348.0	1456.0	31.0	37.0	1.0	13.0	5.3	8.8	312.0	0.8
Misfits Brownie Protein Bar	100g	349.0	1460.0	28.0	37.0	1.3	13.0	5.8	9.9	292.0	0.7
Misfits Caramel Fudge Protein Bar	100g	352.0	1473.0	29.0	38.0	1.3	13.0	5.7	9.7	304.0	0.8
Misfits Cookie Butter Protein Bar	100g	350.0	1464.0	29.0	38.0	1.6	13.0	5.4	9.7	304.0	0.8
Quakers Golden Syrup Bar	100g	393	1644	5.9	73	20	7.1	0.9	6.3	280	0.7
Grenade Oreo Bar	100g	389	1624	35	34	1.7	17	9.3	2	236	0.6
Grenade White Cookie Bar	100g	352	1471	36	33	2.5	13	5.9	4.5	164	0.4
Grenade White Oreo Bar	100g	387	1616	34	33	2.1	17	9.6	1.5	256	0.6