

# VUE ENTERTAINMENT FOOD NUTRITIONAL INFORMATION

	Portion/ Pack Size	Energy/ Kilojoules (kJ)	Energy/ Calories (kcal)	Protein (g)	Carbohydrate (g)	of which sugars (g)	Fat (g)	of which saturates (g)	Fibre (g)	Sodium (mg)	Salt equivalent (g)
<b>POPCORN</b>											
<b>Sweet Popcorn</b>											
	Kids/Snackit	1012	242	2.9	34	17	11	0.9	0	0	0
	Junior	2834	678	8.1	95.2	47.6	30.8	2.5	0	0	0
	Regular	4048	968	11.6	136	68	44	3.6	0	0	0
	Large	5060	1210	14.5	170	85	55	4.5	0	0	0
<b>Salted Popcorn</b>											
	Kids/Snackit	1006	241	4.5	26.5	0.4	12	0.9	0	0	0.8
	Junior	2817	674	13.5	79.5	1.1	36	2.7	0	0	2.4
	Regular	4024	962	17.8	106	1.4	48	3.6	0	0	3.2
	Large	5030	1202.5	22.25	132.5	1.75	60	4.5	0	0	4
<b>Salted Popcorn (Dublin)</b>											
	Kids/Snackit	953	228.5	5.4	24.1	0.2	10.3	0.9	9.2	0	0.5
	Junior	2668.6	639.8	15	67.5	0.4	28.7	2.6	25.6	0	1.3
	Regular	3812	914	21.4	96.4	0.6	41	3.7	36.6	0	1.9
	Large	4765	1142.5	26.8	120.5	0.8	51.3	4.7	45.8	0	2.4

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## POPCORN - CLEVELEYS, CWMBRAN, DONCASTER, FINCHLEY ROAD, INVERNESS & READING

### Sweet Popcorn

Kids/Snackit	1012	242	2.9	34	17	11	0.9	0	0	0
Regular	2834	678	8.1	95.2	47.6	30.8	2.5	0	0	0
Large	4048	968	11.6	136	68	44	3.6	0	0	0

### Salted Popcorn

Kids/Snackit	1006	241	4.5	26.5	0.4	12	0.9	0	0	0.8
Regular	2817	674	13.5	79.5	1.1	36	2.7	0	0	2.4
Large	4024	962	17.8	106	1.4	48	3.6	0	0	3.2

## POPCORN TOPPINGS

### M&M Chocolate Popcorn Topping

60g	1209.6	288	3.1	42	39.6	11.4	7.2	0	0	0.1
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### Wotsits Crunchy - Really Cheesy

35g	806.4	193.2	1.8	19.6	2	11.9	1.7	0.3	0	0.5
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### Wotsits Crunchy - Flamin'Hot

35g	798	191.1	1.9	19.6	1.2	11.6	1.5	0.4	0	0.5
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<b>HOT DOGS</b>											
<b>Pork Frankfurter</b>											
	Large	1401	335	15.6	7.3	1.4	27	9.9	0g	864	2.2
	Regular	883	211	9.9	4.6	0.9	17	6.2	0g	544	1.4
<b>Bread Roll</b>											
	Regular	844	202	6.8	36.4	4	2.7	0.9	2.7g	236	0.6

<b>HOT DOG COMBINATIONS</b>											
<b>The Yankee</b>											
	Regular	2173	520	18	51	7.8	27	10.2	3.4	840	2.2
	Large	2691	644	23.6	58.7	8.3	37	13.9	3.4	1160	3
<b>The Brooklyn</b>											
	Regular	2303	552	18.6	52.2	9.5	30	10.4	3.4	780	2.4
	Large	2732	676	23.8	9	9.96	40	14.1	3.4	1100	3.2
<b>Nacho Libre</b>											
	Regular	1877	449	17.1	46.3	6.5	20.8	7.2	3	813	3
	Large	2395	573	22.9	49	7	30.8	10.9	3	1133g	3.9
<b>West Side Sizzler</b>											
	Regular	2218	530	18	53.7	10.6	26.5	10.1	3.4	840	2.2
	Large	2736	654	23.7	56.4	11.1	36.5	13.8	3.4	1160	3
<b>Harlem Hot</b>											
	Regular	2227	533	17.7	49	6.75	29	10.3	3.4	840	2.2
	Large	2745	657	23.4	56.7	7.25	39	14g	3.4	1160	3

<b>NACHOS</b>											
<b>Lightly Salted Doritos</b>											
	Regular	1227	293.4	3.72	36.72	0.72	13.8	1.68	3.78	0	0.432
	Large	2250	537.9	6.82	67.32	1.32	25.3	3.08	6.93	0	0.792
<b>Chilli Heatwave Doritos</b>											
	Regular	1210	297	3.8	34.4	3.5	15.2	1.2	4.1	810	2.1
	Large	2278	545	7	63.1	6.4	27.9	2.2	7.4	1485	3.77
<b>Tangy Extra Flamin Hot Doritos</b>											
	Regular	1204.8	288	3.84	36	1.992	13.2	1.14	3.42	216	0.54
	Large	2208.8	528	7.04	66	3.652	24.2	2.09	6.27	396	0.99
<b>Tangy Cheese Doritos</b>											
	Regular	1253	300	4.1	33.3	1.6	15.8	1.5	4.1	762	1.94
	Large	2297	549	7.5	61	2.9	29	2.7	7.4	1397	3.56

<b>NACHO TOPPINGS</b>											
<b>Hombre Salsa</b>											
	100g	540	129	1.6	8.1	1.6	9.7	1.6	0	0	1.4
<b>Cheese Sauce</b>											
	100g	322	77	1.1	14	10	0.4	0.6	0	0	2.5
<b>Jalapeno Peppers</b>											
	100g	63	15	0	3	0	0	0	0	0	3.8
<b>Hombre Salsa-Dip Portion Pack (Ireland)</b>											
	100g	322	77	1.1	14	10	0.4	0.06	0	0	2.5

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<b>NACHO TOPPINGS (CONT.)</b>											
<b>Hombre Salsa Dip (Swindon)</b>	100g	322	77	1.1	14	10	0.4	0.06	0	-	2.5
<b>Cheese Dip (Swindon)</b>	100g	775	186	2.8	12	0.5	14	3.3	0	-	1.8
<b>PRE-PACKED</b>											
<b>Candy Floss (Dublin)</b>	70g	703.5	168	0	70	70	0	0	0	0	0
	25g	251.3	60	0	25	25	0	0	0	0	0
<b>Doritos Cool Original</b>	100g	2084	498	5.9	58.1	2.7	25.5	1.8	5.6	592	1.5
	180g	3126	747	8.9	87.2	4.1	38.3	2.7	8.4	888	2.2
<b>Doritos Chilli Heatwave</b>	100g	2071	495	6.3	57.3	5.8	25.3	2	6.7	1350	3.43
<b>Doritos BBQ</b>	100g	2004	479	6.4	60	4.3	22	1.9	5.8	340	0.9
<b>Doritos Tangy Cheese</b>	100g	2088	499	6.8g	55.4	2.6	26.3	2.4	6.7	1270	3.23
<b>Doritos Zingy Vinegar</b>	100g	1996	477	5.8	60	2	22	2.1	5.4	340	0.9
<b>Jacobs Sea salt and Vinegar Cracker Crisps</b>	100g	1966	470	5.2	67	7.5	19.3	4.8	2.4	0.7	1.8
	150g	2949	705	7.8	101	11.3	29	7.2	3.6	1.1	3.2
<b>Jacobs Sour Cream and Chive Cracker Crisps</b>	100g	1966	470	5.7	66.4	6.8	19.6	5	2.5	0.7	1.8
	150g	2949	705	8.6	99.6	10.2	29.4	7.5	3.8	1.1	2.7
<b>Joe and Sephs Caramel and Belgian Choc</b>	100g	2003	480	3.8	62	39	27	16	3.8	0	0.5
	80g	1602	384	3	49.6	31.2	21.6	12.8	3	0	0.4
<b>Joe and Sephs Cheddar Popcorn</b>	70g	1877	453	10.3	18.3	0.1	37.6	7	0	0	0.9
<b>Joe and Sephs Dark Choc Pop Bites</b>	100g	2148	514	4.8	51	44	31	19	7.4	0	0.8
	63g	1353	324	3	32.1	27.7	19.5	12	4.7	0	0.5
<b>Joe &amp; Sephs Eton Mess</b>	100g	2102	505	4.1	50.9	27.6	32.8	20.1	3.5	-	0.5
	70g	1471.4	353.5	2.9	35.6	19.3	23	14.1	2.5	-	0.4
<b>Joe and Sephs Milk Choc Popcorn Bites</b>	100g	2208	528	6	54	48	32	19	3.3	0	0.8
	63g	1391	333	3.8	34	30.2	20.2	12	2.1	0	0.5
<b>Joe and Sephs Orange Marmalade Gourmet</b>	100g	1805	433	3.5	62.3	41.5	20	12.1	0	0	0.4
	70g	1263.5	303.1	2.5	43.6	29.1	14	8.5	0	0	0.3

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<b>PRE-PACKED (CONT.)</b>											
<b>Joe and Sephs Salted Caramel Pop</b>	100g	2016	481	3.3	65.2	40.3	22.1	14.4	0	0	1.4
	80g	1613	385	2.6	52.2	32.2	17.7	11.5	0	0	1.1
<b>Joe &amp; Sephs Strawberry &amp; Cream</b>	100g	1958	470	3.4	57.7	34.7	27.1	16.5	3.7	-	0.6
	70g	1370.6	329	2.4	40.4	24.3	19	11.6	2.6	0	0.4
<b>Joe and Sephs White Chocolate &amp; Caramel</b>	100g	2048	492	4.4	58	35	29	18	3.6	-	0.5
	75g	1536	369	3.3	43.5	26.3	21.8	13.5	2.7	0	0.4
<b>Keogh's Irish Sea Salt &amp; Irish Cider Vinegar Crisps</b>	100g	2147	513	4.3	56.8	2.3	26.5	2.3	1.1	0	3
	125g	2683.8	641.3	5.4	71	2.9	33.1	2.9	1.4	0	3.7
<b>Keogh's Mature Irish Cheese &amp; Onion Crisps</b>	100g	2182	523	7.3	50.1	2.1	26.5	2.7	4.5	0	1
	125g	2727.5	653.8	9.1	62.6	2.6	33.1	3.4	5.6	0	1.2
<b>Ollys Pretzel Thins Sweet Chilli</b>	100g	347	1452	10	64.4	4.5	8.5	1.2	5.5	800	2
<b>Ollys Olives Chilli &amp; Rosemary</b>	100g	136	569	1.3	1.3	0.5	14.6	2.4	3.1	1240	3.1
<b>Ollys Olives Basil &amp; Garlic</b>	100g	136	569	1.3	1.3	0.5	14.6	2.4	3.1	1240	3.1
<b>Ollys Pretzel Thins - Sour cream &amp; Onion</b>	100g	339	1418	10	63.4	2.6	8.2	0.9	4.4	680	1.7
<b>Ollys Pretzel Thins - Salted</b>	100g	344	1439	11.1	71	1.6	5.2	0.8	3.5	600	1.5
<b>Popworks - Sweet &amp; Salty</b>	100g	1956	456	6.8	74.8	10.3	15.1	1.3	1.3	0	1
	85g	1662.6	387	5.8	63.6	8.8	12.8	1.1	1.1	0	0.9
<b>Sensations Chicken &amp; Thyme</b>	100g	2070	495	5.9	59.5	3.3	25	2.2	4.1	0.7	1.7
	175g	3622.5	866	10.3	104.1	5.8	43.8	3.9	7.2	1.2	2.9
<b>Sensations Honey &amp; Salt Roasted Peanuts</b>	100g	561	2348	5.7	31	25	40	5.8	5	-	1.4
<b>Sensations Thai Sweet Chilli</b>	100g	2109	504	5.8	58.9	3.7	26.3	2.2	4	1.5	4
	150g	3164	756	8.7	89	5.6	40	3.3	6	2.3	6
<b>Sensations Thai Sweet Chilli Peanuts</b>	100g	526	2191	13	43	7.6	32	3.5	4.5	-	1.6
<b>Sensations Poppadoms</b>	100g	2038	487	6.4	58.2	2.6	25	2.5	2	0	0
	82.5g	1682	402	5.3	48	2.1	20.7	2	1.7	0	0

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<b>PRE-PACKED (CONT.)</b>											
<b>Walkers Max Strong Chicken Wings</b>	100g	2226	532	6.3	51	3.2	33	2.7	3	0.5	1.4
	150g	3339	798	9.5	76.5	4.8	49.5	4.1	4.5	0.8	2.1
<b>Walkers Max Extra Flamin Hot</b>	100g	2125	508	6.9	52	2	29	2.3	4.3	268	0.7
	130g	2762.5	660.4	9	67.6	2.6	37.7	3	5.6	348.4	0.9
<b>Walkers Monster Munch Pickled Onion</b>	100g	2059	492	6	60	3	25	2.1	1.7	620	1.6
	40g	823.6	196.8	2.4	24	1.2	10	0.8	0.7	248	0.6
<b>Walkers Wotsits Giants Flamin Hot Crisps</b>	100g	2225	533	5.7	57.4	3.7	31	2.5	1.7	0	1.7
	130g	2892.5	692.9	7.4	74.6	4.8	40.3	3.3	2.2	0	2.2
<b>Walkers Wotsits Giants Really Cheesy Crisps</b>	100g	2059	494	5.4	46	7.2	32	2.9	0.2	0	1.6
	130g	2676.7	642.2	7	59.8	9.4	41.6	3.8	0.3	0	2.1
<b>Wotsits Crunchy - Really Cheesy</b>	100g	2304	552	5.1	56	5.8	34	4.8	0.9	0	1.3
	140g	3225.6	772.8	7.1	78.4	8.1	47.6	6.7	1.3	0	1.8
<b>Wotsits Crunchy - Extra Flamin Hot</b>	100g	1992	476	6.2	68	3.7	19	3.7	2.6	440	1.1
	130g	2589.6	618.8	8.1	88.4	4.8	24.7	4.8	3.4	572	1.4
<b>Wotsits Crunchy - Flamin Hot</b>	100g	2280	546	5.3	56	3.3	33	4.2	1	0	1.5
	140g	3192	764.4	7.4	78.4	4.6	46.2	5.9	1.4	0	2.1
<b>Giant Wotsits Prawn Cocktail</b>	100g	2083	497	5.6	64.7	3.4	23.6	1.8	1.7	0	1.5
	105g	2187.2	521.9	5.9	67.9	3.6	24.8	1.9	1.8	0	1.5
<b>Walkers Max Strong Jalapeno &amp; Cheese</b>	100g	507	2116	6.8	52	2.2	8.8	0.7	4.4	-	1.2
<b>Walkers Max Spicy Prawn Cocktail</b>	100g	506	2112	6.7	52	2.8	8.8	0.7	4.2	-	0.6

<b>PROTEIN BARS</b>											
<b>McVities Chocolate HobNob Bar</b>	100g	455.0	1909.0	5.9	62.7	36.1	19.2	8.2	4.3	192.0	0.5
<b>McVities Gold Bullion Bar</b>	100g	547.0	2283.0	7.4	56.6	51.6	17.7	7.4	1.2	152.0	0.4
<b>McVities Jaffa Cake Bar</b>	100g	396.0	1661.0	3.2	63.0	47.0	14.5	7.5	2.3	180.0	0.5

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<b>PROTEIN BARS (CONT.)</b>											
<b>Misfits Cookie Dough Bar</b>	100g	348.0	1456.0	31.0	37.0	1.0	13.0	5.3	8.8	312.0	0.8
<b>Misfits Brownie Protein Bar</b>	100g	349.0	1460.0	28.0	37.0	1.3	13.0	5.8	9.9	292.0	0.7
<b>Misfits Caramel Fudge Protein Bar</b>	100g	352.0	1473.0	29.0	38.0	1.3	13.0	5.7	9.7	304.0	0.8
<b>Misfits Cookie Butter Protein Bar</b>	100g	350.0	1464.0	29.0	38.0	1.6	13.0	5.4	9.7	304.0	0.8
<b>Quakers Golden Syrup Bar</b>	100g	393	1644	5.9	73	20	7.1	0.9	6.3	280	0.7
<b>Grenade Oreo Bar</b>	100g	389	1624	35	34	1.7	17	9.3	2	236	0.6
<b>Grenade White Cookie Bar</b>	100g	352	1471	36	33	2.5	13	5.9	4.5	164	0.4
<b>Grenade White Oreo Bar</b>	100g	387	1616	34	33	2.1	17	9.6	1.5	256	0.6