

# VUE ENTERTAINMENT ICE CREAM NUTRITIONAL INFORMATION

	Portion/ Pack Size	Energy/ Kilojoules (KJ)	Energy/ Calories (kcal)	Protein (g)	Carbohydrate (g)	of which sugars (g)	Fat (g)	of which saturates (g)	Fibre (g)	Sodium (mg)	Salt equivalent (g)
<b>ICE CREAM SCOOPED PRODUCTS</b>											
<b>Fairtrade Vanilla</b>											
1 Scoop Tub	85g	82	197	3.4	17	17	12.8	8.2	0	47	0.12
<b>Fairtrade Caramel Chew Chew</b>											
1 Scoop Tub	85g	1020	238	3	25.5	22.1	13.6	9.4	trace	08	0.19
<b>Fairtrade Cherry Garcia</b>											
1 Scoop Tub	85g	850	204	3	21.3	21.3	11.9	7.7	0.7	05	0.1
<b>Fairtrade Chocolate Fudge Brownie</b>											
1 Scoop Tub	85g	881	210	2.6	25.5	23	11	6.5	1.3	09	0.2
<b>Fairtrade Chocolatey Love-A-Fair</b>											
1 Scoop Tub	85g	863	206	3.1	21	19	12	8.4	0	Trace	0.3
<b>Fairtrade Cookie Dough</b>											
1 Scoop Tub	85g	935	230	3.4	25.5	21.3	12.8	7.7	0.5	0.0	0.1
<b>Fairtrade Cookies on Cookie Dough</b>											
1 Scoop Tub	85g	912.1	218.5	1.4	31.5	18.7	9.4	6.5	0	Trace	0.1
<b>Fairtrade Dulce De-lish</b>											
1 Scoop Tub	85g	900.2	215.1	3.1	24.7	23	11.9	7.7	0	146	0.4
<b>Fairtrade Phish Food</b>											
1 Scoop Tub	85g	935	230	3.4	28.9	23	11	7.7	0.9	04	0.1
<b>Fairtrade Strawberry Cheesecake</b>											
1 Scoop Tub	85g	920	219.3	3.1	23	21.3	12.8	8.5	0.4	Trace	0.1
<b>Fairtrade Sweet Mango Memories</b>											
1 Scoop Tub	85g	850	213	2.6	23	20.4	11.9	6	Trace	0.22	0.6
<b>Fairtrade Peanut Butter Cup</b>											
1 Scoop Tub	85g	1190	281	6	21.3	19.6	18.7	11.1	1.3	0.17	0.4
<b>Double Caramel Brownie</b>											
1 Scoop Tub	85g		218								
<b>Non-Dairy Cookie On Cookees</b>											
1 Scoop Tub	85g	950	227	1.7	28	19.6	11.9	7.4	0	119	0.3
<b>Vanilla Pecan Blondie</b>											
1 Scoop Tub	85g	964	230	3.5	23.8	21.3	13.6	7.5	0	314	0.79

<b>TOPPINGS FOR ICE CREAMS/SUNDAE'S</b>											
<b>Rainbow Sprinkles</b>	20g		60								
<b>Cookie Dough Chunks</b>	40g	708	169	1.6	27	16	6.1	2.7	0	0	0.17
<b>Whip Cream</b>	25g	351	84	0.53	0.8	0.8	8.8	5.8	0	10.3	0.2
<b>Sugar Cone</b>	Per 1	172	49	0.6	8.5	3.7	0.7	0.1	0	0	0
<b>Joe &amp; Sephs: Chocolate Caramel Sauce</b>	Per 1	532	127	0.4	13.7	13.7	8.4	5.2	0	0	0.1
<b>Joe &amp; Sephs: Salted Caramel Sauce</b>	Per 1	525	125	0.3	13.8	13.8	8.3	5.1	0	0	0.5

<b>AVALANCHE ICE CREAM</b>											
<b>Kit Kat Avalanche</b>	1 Serving	913	219	4.7	28.6	25.7	9.4	3.6	0	0	4.4
<b>Milkybar Avalanche</b>	1 Serving	963	230	5.4	27.9	26.6	10.8	5.5	0	0	0.5
<b>Smarties Avalanche</b>	1 Serving	913	219	4.6	30.1	28	8.8	5.2	0	0	0.4



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<b>WRAPPED ICE CREAM</b>											
Calippo Orange	100g	397	95	<0.5	23	19	<0.5	0.5	0	<0.05	<0.13
Cornetto Strawberry	120g	1285	307	2.5	46	29	11	9	1	0.1	0.2
Cornetto Soft Cookie and Chocolate	81g	917	220	2.6	29	21	9.5	7.7	0	0	0.2
Magnum Classic	100g	1266	302	3.3	30	27	18	13	0	0	0.1
Magnum Euphoria	90g	901	215	2.6	23	20	12	8.1	0	0	0.1
Magnum Utopia Double Cherry	85g	891	213	2	27	21	10	6.8	1.2	40	0.1
Magnum Utopia Double Hazelnut	85g	348	1456	4.6	37	29	20	12	0.8	200	0.5
Magnum White	100g	1258	300	3.5	32	29	17	12	0	0	0.2
Magnum White Chocolate Cookie	90g	1224	293	4	34.2	26.1	15.3	10.8	0	0.1	0.3
Maxi Twister	100g	285	68	1.3	8.8	8.8	3.0	2.7	0.9	0.0	0.4
Twister	100g	448	107	0.5	22	18	1.2	1	0	0	0

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<b>TUB ICE CREAM</b>											
Ben & Jerry's Caramel Chew Chew	100g	1134	271	3.6	30	26	15	11	0	0.08	0.2
Ben & Jerry's Chocolate Fudge Brownie	100g	1088	260	4.5	32	27	12	8	0	0.1	0.3
Ben & Jerry's Cookie Dough	100g	1121	268	4	29	25	15	10	0	0.06	0.2
Ben & Jerry's Strawberry Cheesecake	100g	1033	247	3.2	27	24	14	7.3	0	0.09	0.2
Haagen-Daz Vanilla	95g	990	237	4.1	18.9	18.6	16.1	9.7	0	0.1	0.2
Haagen-Daz Straw Cheesecake	95g	1041	249	3.6	28	23.6	13.6	8.6	0.4	0.1	0.3
Haagen-Daz Belgian Chocolate	95g	1248	299	4.3	24.9	23	19.7	12.1	2.1	0	0.1
Haagen-Daz Cookies & Cream	95g	1041	249	4.2	21.3	18.3	16.2	18.3	0.3	0.1	0.2
Haagen-Daz Cookies & Cream	460g	5004	1196	20.2	102.6	92.5	78.2	48.3	1.4	0.4	1
Haagen-Daz Vanilla	460g	4793	1145	19.8	91.5	90.2	77.7	46.9	0	0.3	0.7
Haagen-Daz Belgian Chocolate	460g	6003	1435	17.9	131.1	115	67.6	42.3	10.1	0.2	0.5
Haagen-Daz Straw Cheesecake	460g	5060	1210	17.9	118.7	114.5	95.2	57.5	1.8	0.6	1.4

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<b>SOFT SERVE</b>											
Lemon Meringue Pie	175g	3234	773	21	132.9	127.7	15.8	10.9	0	0	0.8
Strawberry Eton Mess	175g	3631	868	21.5	139	133	15.8	10.9	0	0	0.9
Retro Black Forest	175g	3770	901	23.1	142.3	138	25.2	16.5	0.1	0	0.9
Tropical Breeze	175g	3201	765	21	130.9	126.7	15.8	10.9	0	0	0.9
Chocolate Cookies & Cream	175g	3791	906	23	146	141	23.6	15.6	0.1	0	0.9

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<b>SOFT SERVE</b>											
Banoffee Toffee Popcorn	175g	3653	873	21.9	150.7	141	18.5	12.6	0.3	0	0.9
Apple & Cinnamon Toffee Crumble	175g	3292	787	21	135	129	165	11.4	0	0	0.9
Plain	125g	2219	530	15	89.9	87.1	11.4	7.8	0	0	0.6
Plain with Flake	125g	2665	637	16.6	101.1	98	17.5	11.6	0.1	0	0.7
Plain With Chocolate Sauce	125g	2436	582	15.8	95	92	14.3	9.6	0	0	0.8
Plain with Flake & Chocolate Sauce	125g	2882	689	17.4	106.3	103.2	20.5	13.4	0.1	0	0.9