

# VUE ENTERTAINMENT ICE CREAM NUTRITIONAL INFORMATION

	Portion/ Pack Size	Energy/ Kilojoules (KJ)	Energy/ Calories (kcal)	Protein (g)	Carbohydrate (g)	of which sugars (g)	Fat (g)	of which saturates (g)	Fibre (g)	Sodium (mg)	Salt equivalent (g)
<b>ICE CREAM SCOOPED PRODUCTS</b>											
<b>Fairtrade Vanilla</b>											
1 Scoop Tub	85g	82	197	3.4	17	17	12.8	8.2	0	47	0.12
<b>Fairtrade Caramel Chew Chew</b>											
1 Scoop Tub	85g	1020	238	3	25.5	22.1	13.6	9.4	trace	08	0.19
<b>Fairtrade Cherry Garcia</b>											
1 Scoop Tub	85g	850	204	3	21.3	21.3	11.9	7.7	0.7	05	0.1
<b>Fairtrade Chocolate Fudge Brownie</b>											
1 Scoop Tub	85g	881	210	2.6	25.5	23	11	6.5	1.3	09	0.2
<b>Fairtrade Cookie Dough</b>											
1 Scoop Tub	85g	935	230	3.4	25.5	21.3	12.8	7.7	0.5	06	0.1
<b>Fairtrade Cookies on Cookie Dough</b>											
1 Scoop Tub	85g	949.5	227	1.6	28.1	19.6	11.9	7.4	0.0	0.30	0.1
<b>Fairtrade Phish Food</b>											
1 Scoop Tub	85g	935	230	3.4	28.9	23	11	7.7	0.9	04	0.1
<b>Fairtrade Strawberry Cheesecake</b>											
1 Scoop Tub	85g	850	213	2.6	23	20.4	11.9	6	trace	0.22	0.6
<b>Fairtrade Peanut Butter Cup</b>											
1 Scoop Tub	85g	1190	281	6	21.3	19.6	18.7	11.1	1.3	0.17	0.4
<b>Double Caramel Brownie</b>											
1 Scoop Tub	85g		218								
<b>Non-Dairy Cookie On Cookees</b>											
1 Scoop Tub	85g	950	227	1.7	28	19.6	11.9	7.4	0	119	0.3
<b>Vanilla Pecan Blondie</b>											
1 Scoop Tub	85g	964	230	3.5	23.8	21.3	13.6	7.5	0	314	0.79
<b>Moophoria Poppin' Popcorn</b>											
1 Scoop Tub	85g	763	182	2.8	27.2	21.3	6.9	4.8	0		0.3

<b>TOPPINGS FOR ICE CREAMS/SUNDAE'S</b>											
<b>Rainbow Sprinkles</b>	20g		60								
<b>Milk Chocolate Peace Sign</b>	20g	4432	106	1.6	11.2	11.2	6	3.8	0	0	0.4
<b>Whip Cream</b>	25g	351	84	0.53	0.8	0.8	8.8	5.8	0	10.3	0.2
<b>Hot Choc Fudge Sauce</b>	25g	321	76.8	1.3	12.4	9.4	2.2	1.6	0	0	0.7
<b>Waffer Cone</b>	Per 1	352	84	1.2	16.8	6.6	1.2	0	0	0	0
<b>Sugar Cone</b>	Per 1	172	49	0.6	8.5	3.7	0.7	0.1	0	0	0

<b>AVALANCHE ICE CREAM</b>											
<b>Kit Kat Avalanche</b>	1 Serving	876.8	210	4.8	24.4	22.7	10	2.7	0	0	0.3
<b>Milkybar Avalanche</b>	1 Serving	926.2	221	5.5	23.7	23.6	11.4	4.6	0	0	0.4
<b>Smarties Avalanche</b>	1 Serving	876.9	210	4.7	25.9	25	9.4	3	0	0	0.3

<b>ICE CREAM SUNDAE'S - DARLINGTON &amp; PRESTON</b>											
<b>Lemon Meringue Pie</b>	175g	3234	773	21	132.9	127.7	15.8	10.9	0	0	0.8
<b>Strawberry Eton Mess</b>	175g	3631	868	21.5	139	133	15.8	10.9	0	0	0.9
<b>Retro Black Forest</b>	175g	3631	901	23.1	142.3	138	25.2	16.5	0.1	0	0.9
<b>Tropical Breeze</b>	175g	3201	765	21	130.9	126.7	15.8	10.9	0	0	0.9
<b>Chocolate Cookies &amp; Cream</b>	175g	3791	906	23	146	141	23.6	15.6	0.1	0	0.9
<b>Banoffee Toffee Popcorn</b>	175g	3653	873	21.9	150.7	141	18.5	12.6	0.3	0	0.9
<b>Apple &amp; Cinnamon Toffee Crumble</b>	175g	3292	787	21	135	129	165	11.4	0	0	0.9

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<b>ICE CREAM SUNDAE'S - DARLINGTON &amp; PRESTON (CONT.)</b>											
Plain	125g	2219	530	15	89.9	87.1	11.4	7.8	0	0	0.6
Plain with Flake	125g	2665	637	16.6	101.1	98	17.5	11.6	0.1	0	0.7
Plain With Chocolate Sauce	125g	2436	582	15.8	95	92	14.3	9.6	0	0	0.8
Plain with Flake & Chocolate Sauce	125g	2882	689	17.4	106.3	103.2	20.5	13.4	0.1	0	0.9
<b>WRAPPED ICE CREAM</b>											
Magnum Classic	100g	1266	302	3.3	30	27	18	13	0	0	0.1
Magnum White	100g	1258	300	3.5	32	29	17	12	0	0	0.2
Magnum Double Caramel Brownie	85g	1156	277	3.7	32.3	21.3	14.5	10.2	0	0.1	0.3
Magnum White chocolate Cookie	90g	1224	293	4	34.2	26.1	15.3	10.8	0	0.1	0.3
Cornetto Strawberry	120g	1285	307	2.5	46	29	11	9	1	0.1	0.2
Calippo Orange	100g	397	95	<0.5	23	19	<0.5	0.5	0	<005	<013
Twister	100g	448	107	0.5	22	18	1.2	1	0	0	0
Cookie Dough Peace Pop	80g	1179	282	3.7	26.4	22.4	17.6	7.8	0	0.1	0.3
<b>TUB ICE CREAM</b>											
Ben & Jerry's Caramel Chew Chew	100g	1134	271	3.6	30	26	15	11	0	0.08	0.2
Ben & Jerry's Chocolate Fudge Brownie	100g	1088	260	4.5	32	27	12	8	0	0.1	0.3
Ben & Jerry's Cookie Dough	100g	1121	268	4	29	25	15	10	0	0.06	0.2
Ben & Jerry's Strawberry Cheesecake	100g	1033	247	3.2	27	24	14	7.3	0	0.09	0.2
Haagen-Daz Vanilla	95g	990.0	237.0	4.1	18.9	18.6	16.1	9.7	0.0	0.1	0.2
Haagen-Daz Straw Cheesecake	95g	1041.0	249.0	3.6	28.0	23.6	13.6	8.6	0.4	0.1	0.3
Haagen-Daz Belgian Chocolate	95g	1248.0	299.0	4.3	24.9	23.0	19.7	12.1	2.1	0.0	0.1
Haagen-Daz Pralines & Cream	95g	1089.0	261.0	3.9	26.2	24.9	15.4	8.6	0.3	0.1	0.3
Haagen-Daz Cookies & Cream	95g	1041.0	249.0	4.2	21.3	18.3	16.2	18.3	0.3	0.1	0.2
Haagen-Daz Cookies & Cream	95g	1041	249	4.2	21.3	18.3	16.2	18.3	0.3	0.1	0.2
Haagen-Daz Cookies & Cream	460g	5004	1196	20.2	102.6	92.5	78.2	48.3	1.4	0.4	1
Haagen-Daz Vanilla	460g	4793	1145	19.8	91.5	90.2	77.7	46.9	0	0.3	0.7
Haagen-Daz Belgian Chocolate	460g	6003	1435	17.9	131.1	115	67.6	42.3	10.1	0.2	0.5
Haagen-Daz Straw Cheesecake	460g	5060	1210	17.9	118.7	114.5	95.2	57.5	1.8	0.6	1.4
<b>SOFT SERVE</b>											
Lemon Meringue Pie	175g	3234	773	21.0	132.9	127.7	15.8	10.9	0.0	0.0	0.8
Strawberry Eton Mess	175g	3631	868	21.5	139.0	133	15.8	10.9	0.0	0.0	0.9
Retro Black Forest	175g	3770	901	23.1	142.3	138	25.2	16.5	0.1	0.0	0.9
Tropical Breeze	175g	3201	765	21.0	130.9	126.7	15.8	10.9	0.0	0.0	0.9
Chocolate Cookies & Cream	175g	3791	906	23.0	146.0	141	23.6	15.6	0.1	0.0	0.9
Banoffee Toffee Popcorn	175g	3653	873	21.9	150.7	141	18.5	12.6	0.3	0.0	0.9
Apple & Cinnamon Toffee Crumble	175g	3292	787	21.0	135.0	129	165.0	11.4	0.0	0.0	0.9
Plain	125g	2219	530	15.0	89.9	87.1	11.4	7.8	0.0	0.0	0.6
Plain with Flake	125g	2665	637	16.6	101.1	98	17.5	11.6	0.1	0.0	0.7
Plain With Chocolate Sauce	125g	2436	582	15.8	95.0	92	14.3	9.6	0.0	0.0	0.8
Plain with Flake & Chocolate Sauce	125g	2882	689	17.4	106.3	103.2	20.5	13.4	0.1	0.0	0.9