

ICECREAM ALLERGENS INFORMATION

KEY
 Yes - Contain No - Doesn't contain Maybe - Might contain • - Made in a Factory

	Vegetarian	Vegan	Coeliacs	Gluten	Wheat	Rye	Barley	Oats	Crustaceans	Molluscs	Eggs	Fish	Peanuts	Tree Nuts	Almonds	Brazil	Cashew	Hazelnut	Macadamia	Pecan	Pistachio	Walnuts	Soybeans	Milk	Celery	Mustard	Sesame	Lupin	Sulphur dioxide (Sulphites)	
AVALANCHE																														
Avalanche Ice Cream	yes	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no
Kit Kat Topping	yes	no	no	yes	yes	no	no	no	no	no	no	no	may	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Milkybar Topping	yes	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	may	yes	no	no	no	no	no
Smarties Topping	yes	no	no	yes	yes	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no

BEN & JERRY'S CONES																														
Chocolate Drops (For Cone Dipping)	yes	yes	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no
Fresh Waffle Cone	yes	yes	no	yes	may	may	may	may	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Sugar Cone	yes	yes	no	yes	may	may	may	may	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no
Waffle Cone	yes	yes	no	yes	may	may	may	may	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Waffle Cone (Old)	yes	yes	no	yes	may	may	may	may	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no

BEN & JERRY'S ICE-CREAM COLD TOPPINGS																															
Chocolate Peace Sign	yes	no	no	may	may	may	may	may	no	no	may	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Rainbow Sprinkles	yes	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Cookie Dough Chunks	no	no	no	yes	may	may	may	may	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no	

	Vegetarian	Vegan	Coeliacs	Gluten	Wheat	Rye	Barley	Oats	Crustaceans	Molluscs	Eggs	Fish	Peanuts	Tree Nuts	Almonds	Brazil	Cashew	Hazelnut	Macadamia	Pecan	Pistachio	Walnuts	Soybeans	Milk	Celery	Mustard	Sesame	Lupin	Sulphur dioxide (Sulphites)
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BEN & JERRY'S ICE-CREAM HOT TOPPINGS																														
Hot Chocolate Fudge Sauce	yes	no	yes	no	no	no	no	no	no	no	no	no	no	yes	may	may	may	may	may	may	may	may	may	may	yes	no	no	no	no	no
Joe & Sephs Chocolate Caramel Sauce	yes	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Joe & Sephs Salted Caramel Sauce	yes	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no

BEN & JERRY'S SCOOP ICE-CREAM																														
Fairtrade Caramel Chew Chew	yes	no	yes	no	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Fairtrade Cherry Garcia	yes	no	yes	no	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Fairtrade Chocolate Fudge Brownie	yes	no	no	yes	yes	no	yes	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no
Fairtrade Cookie Dough	yes	no	no	yes	yes	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Fairtrade Cookies On Cookie Dough	yes	yes	no	yes	yes	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no
Fairtrade Double Caramel Brownie	yes	no	no	yes	yes	no	yes	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	may	yes	no	no	no	no	no
Fairtrade Peanut Butter Cup	yes	no	no	may	no	no	no	no	no	no	yes	no	yes	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Fairtrade Dulce De-lish	yes	no	yes	no	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Fairtrade Phish Food	yes	no	yes	no	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no

	Vegetarian	Vegan	Coeliacs	Gluten	Wheat	Rye	Barley	Oats	Crustaceans	Molluscs	Eggs	Fish	Peanuts	Tree Nuts	Almonds	Brazil	Cashew	Hazelnut	Macadamia	Pecan	Pistachio	Walnuts	Soybeans	Milk	Celery	Mustard	Sesame	Lupin	Sulphur dioxide (Sulphites)
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BEN & JERRY'S SCOOP ICE-CREAM (CONT.)

Fairtrade Strawberry Cheesecake	yes	no	no	yes	yes	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Fairtrade Vanilla	yes	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no
Fairtrade Vanilla Pecan Blondie	yes	no	no	yes	yes	no	no	no	no	no	yes	no	no	yes	may	no	no	may	no	no	no	no	yes	yes	no	no	no	no	no
Fairtrade Hazel 'nuttin' But Chocolate	yes	no	no	yes	yes	no	yes	no	no	no	yes	no	no	yes	may	may	may	yes	may	may	may	may	no	yes	no	no	no	no	no

BEN & JERRY'S WAFFLE

Belgian Sugar Waffle	yes	yes	no	yes	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
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SOFT SERVE SUNDAES

Apple, Cinnamon & Fudge Crumble	no	no	no	yes	may	may	may	may	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Banoffe Toffee Popcorn Pie	no	no	no	yes	may	may	may	may	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Oreo Chocolate Cookies & Cream	no	no	no	yes	may	may	may	may	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Plain	no	no	no	yes	may	may	may	may	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Retro Black Forest	no	no	yes	no	no	may	may	may	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Wild Strawberry Eton Mess	no	no	no	yes	may	may	may	may	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no

	Vegetarian	Vegan	Coeliacs	Gluten	Wheat	Rye	Berley	Oats	Crustaceans	Molluscs	Eggs	Fish	Peanuts	Tree Nuts	Almonds	Brazil	Cashew	Hazlenut	Macadamia	Pecan	Pistachio	Walnuts	Soybeans	Milk	Celery	Mustard	Sesame	Lupin	Sulphur dioxide (Sulphites)
TUB ICE-CREAM																													
Ben & Jerry's Fairtrade Caramel Chew 100ml	yes	no	yes	no	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Ben & Jerry's Fairtrade Chocolate Fudge Brownie 100ml	yes	no	no	yes	yes	no	yes	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no
Ben & Jerry's Fairtrade Cookie Dough 100ml	yes	no	no	yes	yes	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Ben & Jerry's Fairtrade Peanut Buttercup 100ml	yes	no	no	may	no	no	no	no	no	no	yes	no	yes	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no
Ben & Jerry's Fairtrade Strawberry Cheesecake 100ml	yes	no	no	yes	yes	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Ben & Jerry's Fairtrade Vanilla 100ml	yes	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no
Haagen Daz Belgian Chocolate 95ml	yes	no	yes	no	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Haagen Daz Belgian Chocolate 460ml	yes	no	yes	no	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Haagen Daz Cookies & Cream 95ml	yes	no	no	yes	yes	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no

	Vegetarian	Vegan	Coeliacs	Gluten	Wheat	Rye	Berley	Oats	Crustaceans	Molluscs	Eggs	Fish	Peanuts	Tree Nuts	Almonds	Brazil	Cashew	Hazlenut	Macadamia	Pecan	Pistachio	Walnuts	Soybeans	Milk	Celery	Mustard	Sesame	Lupin	Sulphur dioxide (Sulphites)
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TUB ICE-CREAM (CONT.)

Haagen Daz Cookies & Cream 460ml	yes	no	no	yes	yes	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no
Haagen Daz Strawberry Cheesecake 460ml	yes	no	no	yes	yes	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no
Haagen Daz Strawberry Cheese Cake 95ml	yes	no	no	yes	yes	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no
Haagen Daz Vanilla 95ml	yes	no	yes	no	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no
Haagen Daz Vanilla 460ml	yes	no	yes	no	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	no

WRAPPED ICE-CREAM

B&Js Wich Cookie Dough	yes	no	no	yes	yes	no	no	no	no	no	yes	no	may	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Ben & Jerry's Peacepop	yes	no	no	yes	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Calippo Orange	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	may	no	no	no	no	no	no
Cornetto Soft Chocolate	yes	no	no	yes	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no
Cornetto Strawberry	yes	no	no	yes	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no
Magnum Classic	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no	no
Magnum Gold Caramel Billionaire	no	no	no	may	no	no	no	no	no	no	may	no	no	no	no	no	no	no	no	no	no	no	no	may	yes	no	no	no	no	no
Magnum White	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no

	Vegetarian	Vegan	Coeliacs	Gluten	Wheat	Rye	Barley	Oats	Crustaceans	Molluscs	Eggs	Fish	Peanuts	Tree Nuts	Almonds	Brazil	Cashew	Hazelnut	Macadamia	Pecan	Pistachio	Walnuts	Soybeans	Milk	Celery	Mustard	Sesame	Lupin	Sulphur dioxide (Sulphites)	
WRAPPED ICE-CREAM (CONT.)																														
Magnum White Cookies And Cream	no	no	no	yes	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	may	yes	no	no	no	no	no
Maxi Twist	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no
Twister	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no