

# VUE ENTERTAINMENT DRINKS NUTRITIONAL INFORMATION

The nutritional drinks information listed below includes a standard serving of ice.

## SOFT DRINKS

	Energy/ Kilojoules (KJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (ml) (per pack)	Carbohydrate (ml) (per pack)	of which sugars (ml) (per pack)	Fat (ml) (per pack)	of which saturates (ml) (per pack)	Salt equivalent (ml) (per pack)
<b>Coca Cola (Dispensed)</b>								
Large	1049.0	250.3	0.0	63.2	63.2	0.0	0.0	0.0
Regular	725.1	173.0	0.0	43.7	43.7	0.0	0.0	0.0
Junior	524.5	125.2	0.0	31.6	31.6	0.0	0.0	0.0
Kids	389.0	92.8	0.0	23.4	23.4	0.0	0.0	0.0
<b>Coke Zero (Dispensed)</b>								
Large	11.9	3.0	0.0	0.0	0.0	0.0	0.0	0.0
Regular	8.2	2.1	0.0	0.0	0.0	0.0	0.0	0.0
Junior	6.0	1.5	0.0	0.0	0.0	0.0	0.0	0.0
Kids	4.4	1.1	0.0	0.0	0.0	0.0	0.0	0.0
<b>Diet Coke (Dispensed)</b>								
Large	6.0	1.8	0.0	0.0	0.0	0.0	0.0	0.0
Regular	4.1	1.2	0.0	0.0	0.0	0.0	0.0	0.0
Junior	3.0	0.9	0.0	0.0	0.0	0.0	0.0	0.0
Kids	2.2	0.7	0.0	0.0	0.0	0.0	0.0	0.0
<b>Fanta Orange (Dispensed)</b>								
Large	470.8	113.2	0.0	26.8	26.8	0.0	0.0	0.1
Regular	325.5	78.3	0.0	18.5	18.5	0.0	0.0	0.1
Junior	235.4	56.6	0.0	13.4	13.4	0.0	0.0	0.1
Kids	174.6	42.0	0.0	9.9	9.9	0.0	0.0	0.0
<b>Sprite Zero (Dispensed)</b>								
Large	23.8	6.0	0.0	0.0	0.0	0.0	0.0	0.4
Regular	16.5	4.1	0.0	0.0	0.0	0.0	0.0	0.3
Junior	11.9	3.0	0.0	0.0	0.0	0.0	0.0	0.2
Kids	8.8	2.2	0.0	0.0	0.0	0.0	0.0	0.2
<b>Schweppes Lemonade (Dispensed)</b>								
Regular	447.0	107.3	0.0	25.0	25.0	0.0	0.0	0.3

## FROZEN DRINKS

	Energy/ Kilojoules (KJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (ml) (per pack)	Carbohydrate (ml) (per pack)	of which sugars (ml) (per pack)	Fat (ml) (per pack)	of which saturates (ml) (per pack)	Salt equivalent (ml) (per pack)
<b>Tango Ice Blast Raspberry No Sugar</b>								
Large	357.8	85.2	0.0	33.2	0.0	0.0	0.0	0.0
Regular	226.8	54.0	0.0	21.1	0.0	0.0	0.0	0.0
Junior	119.3	28.4	0.0	11.1	0.0	0.0	0.0	0.0
<b>Tango Ice Blast Sugar Free Orange</b>								
Large	391.9	93.7	0.0	33.2	0.0	0.0	0.0	0.0
Regular	248.4	59.4	0.0	21.1	0.0	0.0	0.0	0.0
Junior	130.6	31.2	0.0	11.1	0.0	0.0	0.0	0.0
<b>Tango Ice Blast Cherry No Sugar</b>								
Large	357.8	85.2	0.0	33.2	0.0	0.0	0.0	0.0
Regular	226.8	54.0	0.0	21.1	0.0	0.0	0.0	0.0
Junior	119.3	28.4	0.0	11.1	0.0	0.0	0.0	0.0
<b>Tango Ice Blast Sugar Free Safari Smash</b>								
Large	451.6	85.2	0.0	33.2	0.0	0.0	0.0	0.0
Regular	286.2	54.0	0.0	21.1	0.0	0.0	0.0	0.0
Junior	150.5	28.4	0.0	11.1	0.0	0.0	0.0	0.0

## MILKSHAKES

	Energy/ Kilojoules (KJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (ml) (per pack)	Carbohydrate (ml) (per pack)	of which sugars (ml) (per pack)	Fat (ml) (per pack)	of which saturates (ml) (per pack)	Salt equivalent (ml) (per pack)
<b>Chocolate</b>								
Regular	2367.3	565.5	16.5	87.7	83.3	8.8	4.9	0.4
Junior	1724.4	411.9	13.2	59.5	57.1	7.0	3.9	0.2
<b>Strawberry</b>								
Regular	2236.5	534.3	15.7	81.1	79.0	8.3	4.6	0.2
Junior	1659.0	396.3	12.8	56.2	54.9	6.8	3.8	0.2
<b>Vanilla</b>								
Regular	1699.5	405.9	15.5	49.2	48.5	8.3	4.6	0.2
Junior	1390.5	332.1	12.7	40.2	39.7	6.8	3.8	0.2

## HOT DRINKS

	Energy/ Kilojoules (KJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (ml) (per pack)	Carbohydrate (ml) (per pack)	of which sugars (ml) (per pack)	Fat (ml) (per pack)	of which saturates (ml) (per pack)	Salt equivalent (ml) (per pack)
<b>English Breakfast Tea</b>								
Large	80.0	22.0	1.7	2.2	2.2	0.4	0.2	0.1
Regular	40.0	11.0	0.8	1.1	1.1	0.2	0.1	0.0
<b>Earl Grey Tea</b>								
Large	80.0	22.0	1.7	2.2	2.2	0.4	0.2	0.1
Regular	40.0	11.0	0.8	1.1	1.1	0.2	0.1	0.0
<b>Green Tea</b>								
Large	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
Regular	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
<b>Peppermint Tea</b>								
Large	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
Regular	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
<b>Camomile Tea</b>								
Large	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
Regular	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
<b>Hot Chocolate</b>								
Large	1175.2	278.2	13.7	46.7	46.1	3.9	2.4	0.5
Regular	587.6	139.1	6.9	23.3	23.0	2.0	1.2	0.2
<b>Lavazza Coffee</b>								
Large	39.6	10.8	72.0	144.0	72.0	36.00	0.0	Trace
Regular	19.8	5.4	36.0	72.0	36.0	18.00	0.0	Trace
<b>Lavazza Latte</b>								
Large	570.4	136.2	66.5	127.3	71.3	30.84	1.7	0.4
Regular	285.2	68.1	33.3	63.7	35.7	15.42	0.9	0.2
<b>Lavazza Cappuccino</b>								
Large	353.8	84.9	62.3	121.2	65.2	29.70	1.0	0.2
Regular	176.9	42.5	31.1	60.6	32.6	14.85	0.5	0.1

# PACKAGED DRINKS

	Serving size (ml)	Energy/ Kilojoules (KJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (ml) (per pack)	Carbohydrate (ml) (per pack)	of which sugars (ml) (per pack)	Fat (ml) (per pack)	of which saturates (ml) (per pack)	Salt equivalent (ml) (per pack)
<b>Abbey Well Water</b>									
Packed	250	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Glaceau Smartwater Still</b>									
Packed	600	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Glaceau Smartwater Sparkling</b>									
Packed	600	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Cherry Coke Zero</b>									
Packed	500	5.0	1.5	0.0	0.0	0.0	0.0	0.0	0.1
<b>Coke Zero</b>									
Packed	500	5.0	1.5	0.0	0.0	0.0	0.0	0.0	0.0
<b>Coke Zero Peach</b>									
Packed	500	10.0	2.0	0.0	0.0	0.0	0.0	0.0	0.1
<b>Diet Coke</b>									
Packed	500	10.0	2.5	0.0	0.0	0.0	0.0	0.0	0.0
<b>Diet Cherry Exotic Mango</b>									
Packed	500	5.0	1.5	0.0	0.0	0.0	0.0	0.0	0.1
<b>Dr Pepper</b>									
Packed	500	420.0	100.0	0.0	24.5	24.5	0.0	0.0	0.0
<b>Dr Pepper Zero</b>									
Packed	500	10.0	2.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Fanta Fruit Twist</b>									
Packed	500	420.0	100.0	0.0	24.0	24.0	0.0	0.0	0.0
<b>Fanta Icy Lemon</b>									
Packed	500	395.0	95.0	0.0	22.5	22.5	0.0	0.0	0.1
<b>Fanta Orange</b>									
Packed	500	395.0	95.0	0.0	23.0	23.0	0.0	0.0	0.0
<b>Lilt</b>									
Packed	500	420.0	100.0	0.1	22.5	22.5	0.0	0.0	0.0

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<b>Sprite</b>									
Packed	500	295.0	70.0	0.0	16.5	16.5	0.0	0.0	0.0
<b>Oasis Citrus Punch</b>									
Packed	500	355.0	85.0	0.0	20.5	20.5	0.0	0.0	0.0
<b>Oasis Summer Fruits</b>									
Packed	500	355.0	85.0	0.0	20.5	20.5	0.0	0.0	0.0
<b>Oasis Sour Apple Cherry</b>									
Packed	500	375.0	90.0	0.0	20.5	20.5	0.0	0.0	0.5
<b>Oasis Summer Fruits Xtra Light</b>									
Packed	500	65.0	15.0	0.0	2.5	2.5	0.0	0.0	0.5
<b>Fuze tea Mango Chamomile</b>									
	400	316.0	76.0	0.0	17.6	17.2	0.0	0.0	0.1
<b>Fuze tea Peach Hibiscus</b>									
	400	316.0	76.0	0.0	17.2	17.2	0.0	0.0	0.1
<b>Monster Ultra</b>									
Packed	500	65.0	15.0	0.0	4.5	0.0	0.0	0.0	1.0
<b>Monster Hydro Mean Green</b>									
Packed	550	869.0	203.5	0.0	49.5	25.3	0.0	0.0	0.2
<b>Monster Hydro Tropical Thunder</b>									
Packed	550	830.5	198.0	0.0	49.5	25.3	0.0	0.0	0.0
<b>Capri Sun Orange</b>									
Packed	330	290.4	69.3	0.0	16.2	16.2	0.0	0.0	0.0
<b>Fruit Shoot Low Sugar Blackcurrant and Apple</b>									
Packed	200	42.0	10.0	0.0	1.6	1.6	0.0	0.0	0.0
Packed	275	57.8	13.8	0.0	2.2	2.2	0.0	0.0	0.0
<b>Fruit Shoot Low Sugar Orange</b>									
Packed	200	42.0	10.0	0.0	1.6	1.6	0.0	0.0	0.0
Packed	275	57.8	13.8	0.0	2.2	2.2	0.0	0.0	0.0

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<b>Fruit Shoot Hydro Orange and Pineapple</b>									
Packed	350	14.0	3.5	0.0	0.0	0.0	0.0	0.0	0.1
<b>Fruit Shoot Hydro Blackcurrant</b>									
Packed	350	14.0	3.5	trace	nil	nil	nil	nil	0.0
<b>J20 Orange and Passionfruit</b>									
Packed	330	316.8	75.9	0.0	15.8	15.5	0.0	0.0	0.0
<b>J20 Apple and Mango</b>									
Packed	330	290.4	69.3	0.0	15.5	15.5	0.0	0.0	0.2
<b>San Pellegrino Aranciata</b>									
Packed	330	594.0	141.9	0.0	33.0	32.0	0.0	0.0	0.0
<b>San Pellegrino Limonata</b>									
Packed	330	1036.2	247.5	0.0	34.7	33.0	0.0	0.0	0.0
<b>Irn-Bru</b>									
Packed	500	420.0	100.0	2.5	24.0	23.5	0.0	0.0	0.1
<b>Irn-Bru Sugar Free</b>									
Packed	500	15.0	3.5	2.5	0.0	0.0	0.0	0.0	0.1
<b>Red Bull</b>									
Packed	250	480.0	115.0	0.0	27.5	27.5	0.0	0.0	0.0
<b>Riverrock (Dublin)</b>									
Packed	330	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Packed	500	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Packed	750	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Fruice Juicy Apple &amp; Blackcurrant (Dublin)</b>									
Packed	250	12.5	52.5	0.3	2.5	2.5	trace	trace	trace
<b>Powerade 104 Berry and Tropical flavour (Dublin)</b>									
Packed	500	355.0	80.0	0.0	19.5	19.5	0.0	0.0	trace